

Chakra Healing With Essential Oils

Essential oils are another way we can balance and align our chakras. When doing Readings my favorite to use are lavender and peppermint. Here's a list of my favorite sourced Chakra Healing Therapeutic Grade Essential Oils:

Bergamot: Heart and Throat Chakras

https://www.countryscentscandles.com/store/eaglemedicine/p/1249:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/bergamot-essential-oil-15ml/

Cedarwood: Third Eye and Crown Chakras

https://www.countryscentscandles.com/store/eaglemedicine/p/1251:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/cedarwood-essential-oil-15ml/

Cinnamon: Root and Sacral chakras

https://www.countryscentscandles.com/store/eaglemedicine/p/2102:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/cinnamon-oil-15ml/

Clary Sage: Sacral and Heart Chakras

https://www.countryscentscandles.com/store/eaglemedicine/p/1926:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/clary-sage-15ml/

Citrus Boost: Solar and Sacral Chakras

https://www.countryscentscandles.com/store/eaglemedicine/p/1262:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/citrus-boost-essential-oil-blend-15ml/

Citronella : Solar Plexus Chakra

https://www.countryscentscandles.com/store/eaglemedicine/p/1927:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/citronella-oil-15ml/

Basil: Throat Chakra

https://www.countryscentscandles.com/store/eaglemedicine/p/2101:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/basil-oil-15ml/

Eucalyptus: Throat Chakra

https://www.countryscentscandles.com/store/eaglemedicine/p/1254:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/eucalyptus-essential-oil-15ml/

Frankincense: Solar plexus, Third Eye and Crown chakras

https://www.countryscentscandles.com/store/eaglemedicine/p/3251:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/frankincense-essential-oil/

Ginger: Solar plexus chakra

https://www.countryscentscandles.com/store/eaglemedicine/p/1929:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/ginger-oil-15ml/

Grapefruit: Sacral chakra

https://www.countryscentscandles.com/store/eaglemedicine/p/1253:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/grapefruit-essential-oil-15ml/

Lemon: Solar plexus chakra

https://www.countryscentcandles.com/store/eaglemedicine/p/1255:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/lemon-essential-oil-15ml/

Lemongrass: Solar plexus & Throat chakras

https://www.countryscentcandles.com/store/eaglemedicine/p/1248:c:239_168/shop-csc/aromatherapy/lemongrass-essential-oil-15ml/

Lavender roll on: Crown and Third Eye Chakras

https://www.countryscentcandles.com/store/eaglemedicine/p/1924:c:239_168/shop-csc/aromatherapy/lavender-essential-oil-roll-on-10ml/

Orange: Sacral Chakra

https://www.countryscentcandles.com/store/eaglemedicine/p/1256:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/orange-essential-oil-15ml/

Peppermint: Third eye, Throat, Heart, Solar Plexus Chakras

https://www.countryscentcandles.com/store/eaglemedicine/p/1257:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/peppermint-essential-oil-15ml/

Peppermint roll on: Third eye, Throat, Heart, Solar Plexus Chakras

https://www.countryscentcandles.com/store/eaglemedicine/p/1925:c:239_168/shop-csc/aromatherapy/peppermint-essential-oil-roll-on-10ml/

Patchouli: Root Chakra

https://www.countryscentcandles.com/store/eaglemedicine/p/1931:c:239_168/shop-csc/aromatherapy/patchouli-oil-15ml/

Tea Tree: Throat Chakra

https://www.countryscentcandles.com/store/eaglemedicine/p/1258:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/tea-tree-essential-oil-15ml/

Rosemary: Throat and Third Eye Chakras

https://www.countryscentcandles.com/store/eaglemedicine/p/1934:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/rosemary-essential-oil-15ml/

Ylang Ylang: Heart Chakra

https://www.countryscentcandles.com/store/eaglemedicine/p/1933:c:239_168_171/shop-csc/aromatherapy/single-essential-oils/ylang-ylang-essential-oil-15ml/

Chakra Healing Gemstone sets:

https://youcelebratelife.com/products/7-chakras-healing-stones-set?_pos=1&_sid=90340ae1d&_ss=r

7 Chakra Healing tumbled stones:

https://youcelebratelife.com/products/seven-chakra-stones-set?_pos=5&_sid=90340ae1d&_ss=r